

Estimate Hours of Class and Study time for Students (per week)

Example A: Full-time Student (with labs)		
Sample Course Load	Traditional 17.5-week	Compressed 16-week
3 unit Lecture	2.5 hours	2.8 hours
3 unit Lecture	2.5 hours	2.8 hours
5 unit Lecture	2.5 hours	2.8 hours
& --> Lab	5.7 hours	6.3 hours
5 unit Lecture	2.5 hours	2.8 hours
& --> Lab	5.7 hours	6.3 hours
Total Class Hours	21.3	24.0
<i>Total Study Hours*</i>	<i>43-53 hrs</i>	<i>48-60 hrs</i>
<i>Campus Life Activities</i>	<i>1 hr</i>	<i>1 hr</i>
Total Class and Study Time (16 units; hours/per week)	65 - 76 hrs	73 - 85 hrs

Additional time per week

+8 hours

Ex.A: For a part-time student	17.5-week	16-week
8 unit load	33 - 38 hrs	37 - 43 hrs

Additional time per week

+4 hours

Example B: Full-time Student (no lab courses)		
Sample Course Load	Traditional 17.5-week	Compressed 16-week
3 unit Lecture	2.5 hours	2.8 hours
3 unit Lecture	2.5 hours	2.8 hours
3 unit Lecture	2.5 hours	2.8 hours
3 unit Lecture	2.5 hours	2.8 hours
3 unit Lecture	2.5 hours	2.8 hours
3 unit Lecture	2.5 hours	2.8 hours
Total Class Hours	12.5	14.2
<i>Total Study Hours*</i>	<i>25-31 hrs</i>	<i>28-35 hrs</i>
<i>Campus Life Activities</i>	<i>1hr</i>	<i>1hr</i>
Total Class and Study Time (15 units; hours/per week)	39 - 45 hrs	44 - 51 hrs

Additional time per week

+5 hours

Ex.B: For a part-time student	17.5-week	16-week
9 unit load	24 - 27 hrs	27 - 31 hrs

Additional time per week

+3 hours

NOTE: Study time is calculated as 2x-2.5x of class hours.

Student Work and Life Context		
Chabot College (Fall 2019 Survey)	% of Students	Respondents (n)
Expecting to work during the semester	67%	1,544
Have custody of a child/children under 18	10%	1,544
Single Parent	8%	1,544
Las Positas College (Spring 2021 Survey)	% of Students	Respondents (n)
Expecting to work during the semester	63.4%	1,296
Have custody of a minor (17 or younger)	9%	1,296
Single parent	4%	1,296