## CHABOT-LAS POSITAS COMMUNITY COLLEGE DISTRICT

## October 15, 2019

Agenda Item: 4.2

## Subject: Approval to Travel Abroad for Sheena Turner-August, Behavioral Health Coordinator of Las Positas College, Chabot-Las Positas Community College District to attend the Solution Focused Brief Therapy Conference in Montreal, Quebec, Canada, November 6 – 9, 2019

<u>Background</u>: The Chabot-Las Positas Community College District, Las Positas College would like to sponsor Dr. Sheena Turner-August to attend the 2019 conference to be hosted by the Solution Focused Brief Therapy Association scheduled for November 6 - 9, 2019 in Montreal, Quebec, Canada. The conference will provide mental health practitioners, advocates, and therapists with best practices, emerging theory, and resources to help college-aged students in the ever-growing need of mental health counseling. Colleges and universities nationwide have reported higher rates of mental health need by students who experience high rates of anxiety, depression, isolation, and suicidal thoughts. This professional development opportunity would be financed by the California Community College Mental Health Services grant that was awarded jointly to Chabot College and Las Positas College by the California Community Colleges Chancellor's Office.

It is anticipated that information received at the conference will enable Chabot-Las Positas Community College District, Las Positas College to adopt and explore ways to be more responsive and provide appropriate mental health services on an individual basis, group basis, and in collaboration with off-campus practitioners and partners. Additionally, information gained at the conference will help improve outreach to vulnerable, marginalized, and historically underrepresented groups of students to help address and increase retention, persistence, graduation, and transfer rates.

<u>Recommended Action</u>: The Board of Trustees approves travel abroad for Sheena Turner-August, Behavioral Health Coordinator of Las Positas College, Chabot-Las Positas Community College District to attend the Solution Focused Brief Therapy Conference in Montreal, Quebec, Canada, November 6 - 9, 2019. It is further recommended that the Board authorize the Vice Chancellor, Business Services, to execute the appropriate documents pertaining to this event on behalf of the District.

Funding Source: California Community College Mental Health Services Grant

Submitted: Theresa F. Rowland/Date

Approved: Ronald P. Gerhard/Date

APPROVED

DISAPPROVED

TABLED